## Thumb

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## Position



SUMMY-BIRCHARD INC.

## EVA M= SIERRA

## Thumb

## Position


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## Contents

A Note to Students ..... 3
Thumb Position Pattern I
Daily Warm-ups ..... 4
French Folk Song ..... 6
May Song ..... 7
Oh Susannah ..... 8
Are You Sleeping? ..... 9
I'll Always Remember You ..... 10
Soldier's Joy ..... 11
Arkansas Traveller ..... 12
The Hundred Pipers ..... 14
Thumb Position Pattern II
Daily Warm-ups ..... 17
French Folk Song ..... 19
May Song ..... 20
Oh Susannah ..... 21
Old Folks at Home ..... 22
The Blue Bells of Scotland. ..... 23
Crawdad ..... 24
The Devil's Dream ..... 25
The California Traveller ..... 26
Thumb Position Pattern III
Daily Warm-ups ..... 27
French Folk Song ..... 29
May Song ..... 30
Oh Susannah ..... 31
Cockles and Mussels ..... 32
Larry O'Gaff ..... 33
Battle Hymn of the Republic ..... 34
Fisher's Hornpipe ..... 35
The Piper of Dundee ..... 36
Thumb Position Pattern IV
Daily Warm-ups ..... 38
French Folk Song ..... 40
May Song. ..... 41
Oh Susannah. ..... 42
Clair de Lune ..... 43
My Wild Irish Rose. ..... 44
Garry Owen ..... 45
Eat My Dust ..... 46
Various Patterns
Minuet ..... 47
Rigadoon ..... 48
Old French Song ..... 50
German Dance ..... 51
Highland Hoedown ..... 52
Chorale ..... 55
Brich Entzwei, Mein Armes Herze
The Irish Washerwoman ..... 56
Go Down, Moses ..... 57
Chorale ..... 58
Gott, Wie Gross Ist Deine Güte
Walking Music from Appelbo ..... 59
The Coyote's Bark ..... 60
Chorale ..... 62
Die Bittre Leidenszeit
Chorale ..... 63
Jesu, Deine Liebeswunden
Boil Them Cabbage Down ..... 64
Chorale. ..... 67
Jesu, Jesu Du Bist Mein
The Triumph ..... 68

## A Note to Students

This book has been designed to give you a solid understanding of the four basic thumb position fingering patterns. In the first part of the book, each section deals with one pattern. The pieces in the last section have a variety of patterns in them. It will be up to you to figure out which ones to use!

Please follow your teacher's instruction about playing in thumb position. Here, though, is a summary of some important points to observe:

- Let the side of your thumb lie across two (and only two) strings.
- Keep your thumb in a natural, loose "straight" position. Your thumb should neither bow backward nor bend at the first joint. Both of these things usually indicate tension -- which you should avoid at all costs.
- Use the weight from your back to stop the strings. Be careful that your fingers do not poke down into the string causing the knuckles to stick up. Your hand shape should be curved and the base knuckles should be soft and flexible.
- Since your thumb will be resting. on harmonics in this book, it is not required that you firmly stop the strings with the thumb. However, I usually recommend that you try to balance some weight from your back onto the thumb. That way it will remain in one spot on the string and not wander around the harmonic spot. Be sure that you do not collapse your knuckles or tighten your thumb as you do this.

Here are a few practice hints:

- The Daily Warm-ups at the beginning of each section are designed to help you establish each finger pattern carefully and correctly. Please practice them slowly with careful attention to intonation. Practice them every day, but don't feel that you must finish all of them before starting on the pieces.
- As you play the pieces, notice the names of the notes and the distances between them so you will know which finger pattern you must use. Then pay attention to how each pattern feels. If you memorize the feelings, you can successfully use these patterns in other pieces.
- You will notice that there are very few fingerings in this book. That is because your hand will remain basically in the same place on the fingerboard all the time. Since there is no shifting, you should be able to figure out the fingerings for yourself.
- In addition to the fast fiddle tunes in this book, I have included several pieces in each section which are slow and melodic. Please try to vibrato on these pieces. Using a mellow, relaxed vibrato will help make sure that your hand stays loose and balanced.

I hope you enjoy playing these pieces. I really believe that developing good technique can be a lot of fun!
-- Rick Mooney

## Thumb Position Pattern I

half step between 2 nd and 3 rd fingers


## Daily Warm-ups



Thumb Position Pattern I -- Daily Warm-ups (continued)






## French Folk Song



## May Song

(Alle Vögel Sind Schon Da)


## Oh Susannah

Stephen Foster


Are You Sleeping?
(Frère Jacques)


## I'll Always Remember You

Rick Mooney


## Soldier's Joy



## Arkansas Traveller



Arkansas Traveller


Page 2

## The Hundred Pipers



The Hundred Pipers

1.


Page 2

## The Hundred Pipers



## Thumb Position Pattern II

half step between 1st and 2nd fingers


## Daily Warm-ups



Thumb Position Pattern II -- Daily Warm-ups (continued)





## French Folk Song



## May Song <br> (Alle Vögel Sind Schon Da)



## Oh Susannah

Stephen Foster

1.
2.


## Old Folks at Home

Stephen Foster


## The Blue Bells of Scotland



## Crawdad



The Devil's Dream



## The California Traveller

Rick Mooney


## Thumb Position Pattern III

half step between thumb and 1st finger


## Daily Warm-ups



Thumb Position Pattern III -- Daily Warm-ups (continued)




## French Folk Song



## May Song

(Alle Vögel Sind Schon Da)


## Oh Susannah

Stephen Foster


## Cockles and Mussels



## Larry O'Gaff



## Battle Hymn of the Republic



Fisher's Hornpipe


## The Piper of Dundee



The Piper of Dundee


## Thumb Position Pattern IV no half steps



## Daily Warm-ups



Thumb Position Pattern IV -- Daily Warm-ups (continued)



## French Folk Song



# May Song <br> (Alle Vögel Sind Schon Da) 



## Oh Susannah

Stephen Foster


## Clair de Lune



## My Wild Irish Rose



## Garry Owen



Eat My Dust
Rick Mooney



## Minuet

> J. S. Bach


## Rigadoon

Henry Purcell



Page 2

## Old French Song

Andantino
P. I. Tchaikowsky


## German Dance

P. I. Tchaikowsky


## Highland Hoedown




Highland Hoedown


Page 2

## Highland Hoedown



Page 3

## Chorale

Brich Entzwei, Mein Armes Herze


## The Irish Washerwoman





## Go Down, Moses



Chorale
Gott, Wie Gross Ist Deine Güte
J. S. Bach


## Walking Music from Appelbo

 (Gånglåt Från Äppelbo)

## The Coyote's Bark

Rick Mooney


The Coyote's Bark


Page 2

## Chorale

## Die Bittre Leidenszeit

J. S. Bach





## Die Bittre Leidenszeit



## Chorale

Jesu, Deine Liebeswunden
J. S. Bach


## Boil Them Cabbage Down



Boil Them Cabbage Down




Page 2


## Chorale

Jesu, Jesu, Du Bist Mein
J. S. Bach


## The Triumph



The Triumph


Page 2

The Triumph


Page 3

The Triumph



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